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During National Cancer Survivor Month, we celebrate the millions of people and families in the United States and worldwide who are living with, through, and beyond a cancer diagnosis. Learn more about the spectacular progress driven by cancer research and test your knowledge with our Cancer Survivors quiz. [Take the Quiz](#)



Congratulations to **Quentin N Burdick Memorial Health Care Facility** (Belcourt) and to **CliniCare** (Cavalier) on achieving the **Gold** Milestone, and to **Southwest Healthcare** (Bowman) on achieving the **Silver** Milestone!

Thank you to the following ScreeND Team members for attending and actively participating in the North Dakota Cancer Coalition and/or North Dakota Colorectal Cancer Roundtable Meeting on May 16 and 17: Dr. Jeffery Hostetter, UND Center for Family Medicine; Wanda Henderson, Southwest Healthcare; Mikisha Longie and Kristina Smith, Quentin N. Burdick MHC; Kari Novak, Dr. Jared Marquart, and Mary Hurtt, Unity Medical Center; Brenda Casteel, St. Luke's-Crosby; and Sharon Whitmer, Spirit Lake Health Center.



### Colon Cancer Screening: Is it too late?

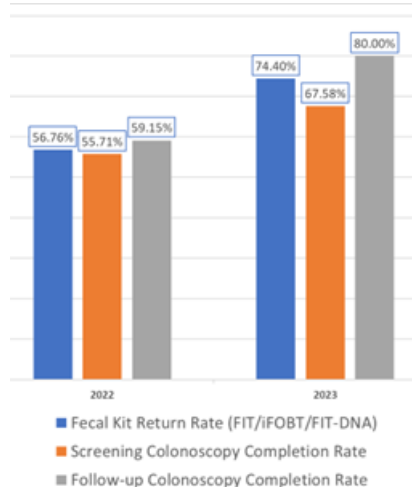
Submitted by Barb Sapa, RN, CliniCare, Cavalier, ND

Click [here](#) to read a Clinicare patient's journey from screening to diagnosis and treatment.



Findings indicate that psychological distress has a complex relationship with screening, and those with extreme levels of distress consistently show lower participation rates. Special efforts to encourage screening may be required for those experiencing extreme psychological distress and mental health disorders. Read [more...](#)

## Dashboard



## Featured Resources

### National Coalition for Cancer Survivorship | [Cancer Survival Toolbox](#)

The program contains a set of basic skills and special topics. Each scenario is inspired by true stories of real cancer patients. The Cancer Survival Toolbox is for people at any point in their care. It is used by patients, health care professionals, and by individuals or in support group settings. The Toolbox encourages people with cancer and their caregivers to take a more active role in their care.

### BlueHQ

[BlueHQ](#) is a free support service for patients and caregivers powered by the Colorectal Cancer Alliance.

- Explore personalized resources curated for each patient and caregiver.
- Connect with a community of allies with similar experiences. Skip the basics and get to what matters – how to cope with colorectal cancer.
- Track treatments and office visits: store notes from your journey safely and securely.
- Access support from the Alliance

### Motivational Interviewing Training (sponsored by Blue Alliance)

June 1, 2023 | 9:00 a.m.-4:00 p.m.  
Bismarck, ND | Heritage Museum  
June 8, 2023 | 9:00 a.m.-3:30 p.m.  
BCBSND Building, Fargo  
Register [here](#).

### Barriers to Colorectal Cancer Screening & Effective Screening Motivators

ACS/ND DHHS  
June 15, 2023 | 12:00 to 1:00 pm CT  
Register [here](#). (Required)

### Mental Health First Aid Training for Rural North Dakota Communities

Multiple dates available; ongoing training. Click [here](#) to learn more. 8.75 contact hours for nurses/8.75 LCCR/LCCI hours from the ND EMS Unit. **FREE!**

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