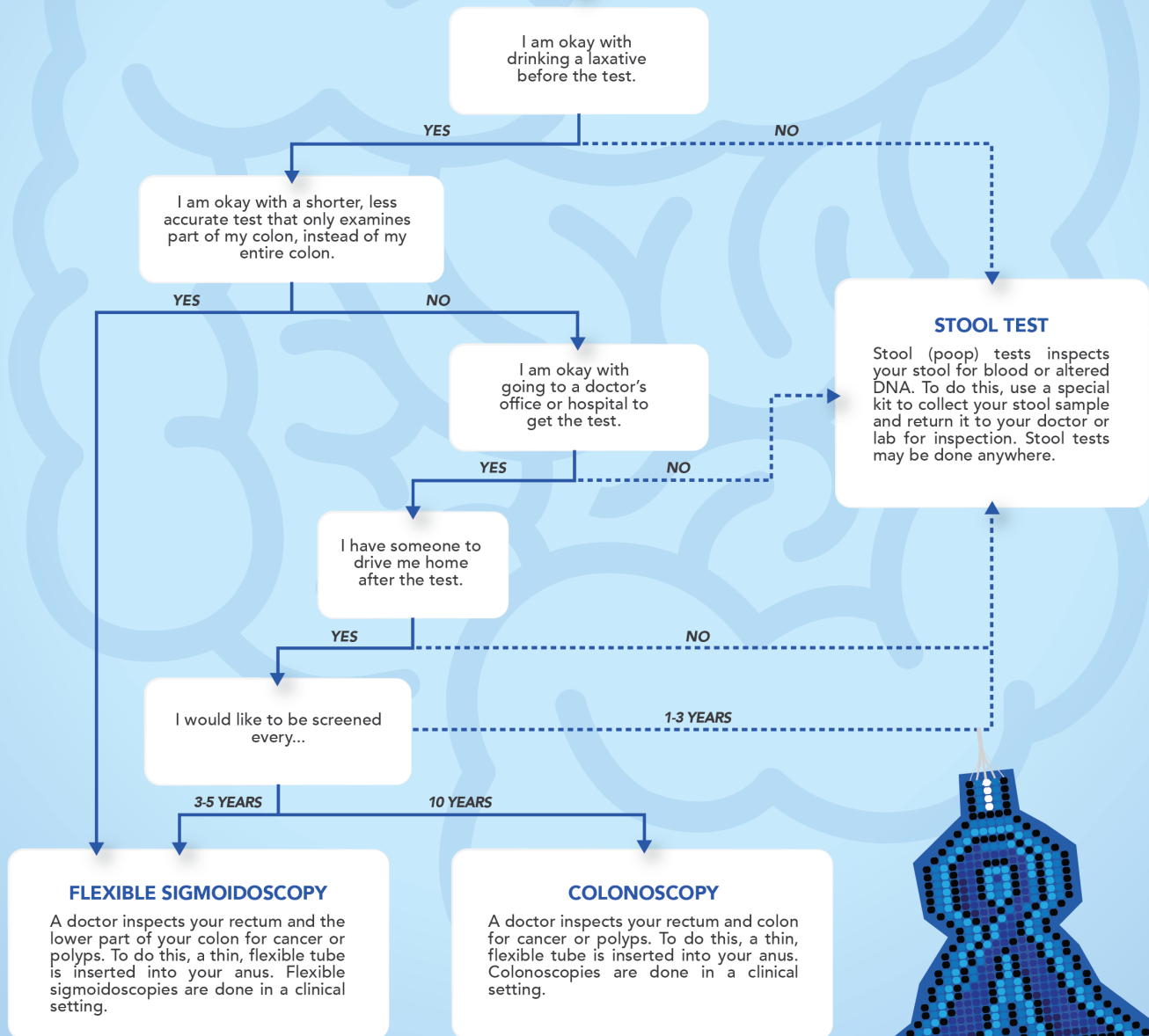


# Which Colorectal Cancer Screening is Right for Me?

Regular colorectal cancer (CRC) screening saves lives by detecting pre-cancerous growths, or polyps, in the early stages when they are most treatable. **Most Indigenous people should begin regular colorectal cancer screenings at age 45.** The three tests that most accurately identify CRC are the colonoscopy, flexible sigmoidoscopy, and the stool test, but **the best screening test is the one that gets done!** Below is a chart to help you and your doctor determine which option is best for you.



I am ready to take care of my health for me and my Kwahji:yä.\*



\*Kwahji:yä\* means relatives in the Onodowa'ga (Great Hill People or Seneca) language

