

July 2022



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Congratulations to the **South Central Health Clinics** in Wishek, Napoleon, Kulm and Gackle on achieving the **SILVER** Milestone! They have shown consistent and impressive improvement throughout their participation in the program with three-month rolling relative improvement rates ranging from 37-96%!

## Study Discovers Microbial Link Between Western-style Diet and CRC Risk

New research builds the case that a Western-style diet, rich in red and processed meat, sugar and refined grains/carbohydrates, is tied to higher risk of colorectal cancer through the intestinal microbiota. Investigators from Brigham and Women's Hospital with collaborators looked at data from more than 134,000 participants from two U.S.-wide prospective cohort studies. Read more.

## **Climb for a Cure**

For many, colorectal cancer is the biggest mountain they will ever face. Climb for a Cure is an opportunity to heal and fight alongside a community of champions. Join one of 11 locations or create your own! Learn more.



**Peer-to-Peer Events!** Plans for July, August and September are to change things up a bit! We want to share the good work that your teams are doing and also answer some questions that seem to be common among all of the participating clinics. Please watch for information coming on these events!



## **Annual Self Assessments**

At the beginning of a clinic's participation in the program, a representative of the clinic completes an Initial Assessment, which includes Likert scales to gauge the clinic's efforts towards CRC screening in several topic areas. After they've been participants for a year, they repeat the selfassessment so we can compare their own subjective assessment of the work they are doing. Among the eleven clinics who have submitted PY1 assessments so far, there are clear improvements in nearly



every topic, with exception to Rescreening and Screening and Results Tracking. It is important to understand because this is a self-assessment, their own understanding of the program may lead to more accurately assessing their own work, resulting in lower scores than the initial assessment in some areas. However, it definitely reveals where we need to focus with those clinics moving forward.

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