



Thank you for your selfless, community-minded spirit and all of your effort to address the unique challenges of rural healthcare!



In Memory

Sara Renee DCamp | 11/01/82 - 10/15/21
 We are saddened to share the loss of ND colorectal cancer advocate, Sara DCamp. Sara was a speaker at past ND Colorectal Cancer Round Table events and participated in several workgroups. She is a past honoree of the "Champion of the Year" award and a YWCA Woman of the Year nominee, both in 2020. She founded the organization "[Love Your Buns](#)" with her husband, Jarod, and made a big impact in the Fargo area, raising awareness about young-onset rectal cancer. Sara passed away on the morning of October 18, surrounded by family. She leaves behind her husband Jarod, and three beautiful children: Cal (8th grade), Brit (5th grade) and Camden (Kindergarten). Jarod has been an amazing advocate since her diagnosis 5 years ago and has been very active in raising community awareness. Please take the time to read [Sara's blog post](#) from 10/09/21, sharing the factors impacting her decision to transition to Hospice care. Click [here](#) to see her full obituary.

Upcoming Events

Colorectal Screening Options for Patients at Average Risk

Thursday, November 18, 2021 | 12:00 p.m. CT
 Watch your email for event details!

2021 North Dakota Colorectal Cancer Roundtable Annual Meeting (Virtual)

Thursday, December 2, 2021 | 1:00-4:00 p.m. CT
 Click [here](#) to access the agenda and registration information.

How Would You Respond?

A 62-year-old female is seeing her primary care provider for her yearly physical. Her physician mentions she has never had a colonoscopy, despite his bringing it up at several previous visits. The patient replies she has seen how people joke about colonoscopies online. "I'm only doing that if I have any symptoms."

Response from Dr. Mark Peterson, Towner County Medical Center: "I'd educate her that the majority of patients who present with cancer are not symptomatic. Waiting until symptoms appear is waiting too long. I'd also explain that doing screening colonoscopies can remove polyps and prevent future cancer."

Response from Dr. Tammy Clemetson, FNP, First Care Health Center: If the patient is 62 years old and does not have symptoms or family history of colon cancer or high-grade polyps, she should be educated on FIT test or Cologuard for screening. FIT testing needs to be done yearly and Cologuard done every 3 years.

Resource: [Which Test is Right for You?](#)

Milestones

Screend Clinics | Data Reporting



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